

TITLE

Palliative Care Social Work with Family Caregivers

CONTINUING EDUCATION HOURS

3 hours

CLASS OUTLINE

1. Theory
 - a. Stress process model of the caregiving experience.
 - b. Attachment theory and caregiver burden.
 - c. Caregiver coping and quality of life.
 - d. Caregiver burden.
 - e. Anticipatory grief and bereavement.
2. Best practices
 - a. Assessment.
 - b. Advance care planning.
 - c. Shared decision-making.
 - d. Communicating with caregivers.
 - e. Caregiver education.
 - f. Psychosocial interventions.
 - g. The Family Meeting.
3. Social Work role applied to domains of palliative care
 - a. Structure and processes of care.
 - b. Physical aspects of care.
 - c. Psychological and psychiatric aspects of care.
 - d. Social aspects of care.
 - e. Spiritual, religious and existential aspects of care.
 - f. Cultural aspects of care.
 - g. Care of the imminently dying.
 - h. Ethical and legal aspects of care.
4. State-of-the-Science
 - a. Caregiver research
 - b. Models of care

LEARNING OBJECTIVES

After taking this course, participants will be able to:

1. Identify the theoretical basis underlying caregiving in palliative care;
2. Apply core social work clinical skills to work with family caregivers in palliative care;
3. Recognize the domains of palliative care with associated social work tasks;
4. Expand their repertoire of skills using evidence-based social work assessment and intervention practices;
5. Understand the value of social work research and models of care in working with caregivers in palliative care.