

TITLE

Social Work in Palliative and End-of-Life Care

CONTINUING EDUCATION HOURS

8 hours

TOPICS

1. Context
 - a. Historical – continuum from inception to future projections
 - b. Social – micro, mezzo, macro
 - c. Medical
 - d. Legal
 - i. Legislation – state: PICA, PCAA, federal: ACA
 - ii. Access
 - iii. Advance care directives
 - e. Ethical principles
2. Settings and models of palliative care
 - a. Acute care inpatient setting
 - b. Outpatient
 - c. Nursing home and other long-term care facilities
 - d. Home
3. Clinical skills
 - a. Role of the social worker in palliative care
 - i. Facilitating communication with patient, family, medicine, nursing and other interdisciplinary team members and service providers
 - ii. Multifactorial assessment
 - iii. Supportive counseling
 - iv. Goals of care
 - v. Advance care planning
 - vi. Shared decision-making
 - vii. Working on an interdisciplinary palliative care team
 - b. Palliative care across the life cycle: children, adults, older adults
 - c. Challenging clinical situations
 - d. Grief/Bereavement
4. Cultural competence
 - a. Ethnic/ self-determined
 - b. Community/ group
 - c. Religious/ spiritual
 - d. Medical/ disability
5. Ethical issues
6. Spirituality

7. Self-care

- a. Work/life balance
- b. Burnout prevention
- c. Moral distress
- d. Compassion fatigue and vicarious trauma

LEARNING OBJECTIVES

Social workers who have taken this course will:

1. Be able to define the components of palliative care and hospice;
2. Understand the settings in which palliative care and hospice are delivered and the models of service delivery;
3. Gain basic clinical skills in palliative care and hospice with children, adults, and older adults;
4. Gain knowledge about the legal, ethical, financial, and spiritual issues and challenges relevant to palliative care and hospice social work.